

Insurance Included Highlights

Maasai Mara Excursion with small vehicle*
 Maasai Village Walk with Resident Guide
 Serengeti & Ngorongoro Crater Excursion in Purpose Built Vehicles, Game Drives with Resident Guide*

Zanzibar, Return Ferry & Accommodation
 Mosi Oa Tunya NP, Victoria Falls Visit

***Highlights are included in the Adventure Pass**

Intended Itinerary

It is our intention to adhere to the route described below but a certain amount of flexibility is built into the tour and on occasion it may be necessary or desirable to make alterations to the published itinerary. Please therefore treat the following as a guide only. This is a participation tour and travels together with the camping counterpart.

The description below assumes you have purchased the mandatory Adventure Pass for the tour.

Duration: 24 Days
Countries visited: Kenya, Tanzania, Malawi and Zambia

Day 1:

Nairobi – Maasai Mara Reserve, Kenya

Distance travelled: +/- 300 Km
 Approx driving time: 5 hours

We depart the city early and make our way across the Great Rift Valley to the Maasai Mara National Reserve, enjoying views of the vast vista en route. We travel in small specialized safari vehicles that enable us to have a more intimate view of wildlife. We spend two nights camping on the edge of the Reserve with time to explore the park on morning and afternoon game drives.

Accommodation: Maasai Mara: Chronicle Tented Camp - Pre-erected tents with en-suite basic facilities

Meals included: Lunch, Dinner

WIFI: No

Optional Activities: Nil

Five' (elephant, lion, rhino, buffalo and leopard) and an array of other wildlife.

We stop for a lunch before returning to our tented camp for the evening.

Accommodation: Maasai Mara: Chronicle Tented Camp - Pre-erected tents with en-suite basic facilities

Meals included: Breakfast, Lunch, Dinner

WIFI: No

Optional Activities: Nil

Day 3:

Maasai Mara Reserve - Nairobi

Distance travelled: +/- 300 Km
 Approx driving time: 5 Hours

From the Mara we make our way back across the Great Rift Valley to Nairobi, where we overnight. Tonight, you have the opportunity to head out and explore Nairobi's bustling night life or dine at the famed Carnivore Restaurant.

Accommodation: Karen Camp - Twin share accommodation with en-suite facilities

Meals included: Breakfast, Lunch, Dinner

WIFI: Yes

Optional Activities: Nil

Day 4:

Nairobi – Arusha, Tanzania

Distance travelled: +/- 270 Km
 Approx driving time: 5 Hours

After crossing the border into Tanzania at the busy Namanga frontier we arrive at our destination, Arusha, in the late afternoon. Situated mid-way between Cape Town and Cairo, this is very much Tanzania's 'safari capital' - a bustling city with colourful markets, shops, vehicles and people, all nestling in the shadow of the brooding Mt Meru (4556m).

After exploring the curio markets, we head to our accommodation just outside Arusha on the open plains to the west of the city. It is from here that we prepare for our two night/three-day excursion to the Serengeti National Park and the Ngorongoro Crater.

This afternoon, if time allows, we enjoy a walk to one of the local Maasai villages to enjoy an insight into everyday life and traditions of this colourful culture.

Accommodation: *Meserani Snake Park – Basic Twin share accommodation with shared facilities*

Meals included: *Breakfast, Lunch, Dinner*

WIFI: *No*

Optional Activities: *Camel Ride US\$5.*

Day 5:

Arusha - Serengeti National Park

Distance Travelled: +/- 250 Km

Approx driving time: Full day including game drives

This morning we transfer to smaller, more 'game park friendly' vehicles and drive west across the Great Rift Valley, passing through Mto Wa Mbo ('mosquito creek') and enter the Ngorongoro Crater Conservation Area. We enter the park and drive around the 'Crater's rim and down onto the Serengeti plains. Green after the rains, brown and burnt in the dry, this is home to an enormous variety of grazing animals, predators, and birdlife. Flatter and larger than the Maasai Mara the Serengeti is simply huge - indeed the name derives from the Maasai word *Siringitu* – 'the place where the land moves on forever'. We game drive to our designated (but unfenced) campsite for the evening where lion and hyena roam nearby, for an unforgettable experience.

Accommodation: *Serengeti National Park: Bush Camp - Camping in twin share tents with very rustic/basic shared facilities (no shower, pit latrine), mattress, sleeping bag and pillow provided*

Meals included: *Breakfast, Lunch, Dinner*

WIFI: *No*

Optional Activities: *Nil*

Day 6:

Ngorongoro Crater

We drive out of the plains, game driving en route, and after lunch ascend the outer wall of the Ngorongoro Crater. We spend the night camping on the rim (you may need a jacket; it can be cold at night due to the altitude), where wildlife also roams free. At 326 square kilometres, the Ngorongoro is Africa's largest intact caldera and a World Heritage Site. If the view from the rim (2400 metres above sea level) is spectacular, the site from the Crater floor (some 600 metres below) is equally enjoyable.

Accommodation: *Simba Camp - Twin shared canvas tents with mattress, sleeping bag and pillow provided with basic facilities*

Meals included: *Breakfast, Lunch, Dinner*

WIFI: *No*

Optional Activities: *Nil*

Day 7:

Ngorongoro Crater - Arusha, Meserani Snake Park

Distance Travelled: +/- 250 Km

Approx driving time: Full days including morning game drive

We wake early and descend the steep dirt road of the Ngorongoro Crater for a morning of game driving in this spectacular wildlife haven. All the large mammals are present except giraffe (which cannot manage the steep slopes leading down onto the Crater floor). After our game drive we ascend to our campsite on the rim for a final view over the Ngorongoro Crater, pack up our camp and have lunch before retracing our steps to Arusha and our accommodation at the Meserani Snake Park.

Note: We may enjoy the Maasai walk on this day if we were unable to make this on day 4.

Accommodation: *Meserani Snake Park – Basic Twin share accommodation with shared facilities*

Meals included: *Breakfast, Lunch, Dinner*

WIFI: *No*

Optional Activities: *Nil*

Day 8:

Arusha – Bagamoyo

Distance travelled: +/- 560 Km

Approx driving time: 11 Hours

This morning we wake early and head south via Moshi to Bagamoyo. If the weather is clear we will be afforded a view of the magnificent snow-capped Mount Kilimanjaro, Africa's highest peak (5895m). The quaint town of Bagamoyo was founded at the end of the 18th century and was one of the most significant trading ports along the East African coast. Our accommodation for the evening is situated close by to the palm fringed beaches of the Indian Ocean.

Accommodation: *Firefly Camp - Twin share accommodation with shared facilities*

Meals included: *Breakfast, Lunch, Dinner*

WIFI: *No*

Optional Activities: *Nil*

Day 9:

Bagamoyo – Dar es Salaam

Distance travelled: +/- 60 Km

Approx driving time: 2 - 3 Hours

Leaving Bagamoyo we make our way south to Dar es Salaam. 'Dar' is Tanzania's main port and is a hub of commerce and industry - a hot, humid and bustling seaport city of high rises, colourful markets and Arab influenced architecture on the coast, accessing one of the most important sea routes in the world. To most travellers, this city is the port of entry to the more exotic island of Zanzibar and other archipelago islands. We set up on the beach just outside of the city, take in the balmy Indian Ocean sea breeze, and prepare for our trip to Zanzibar.

Accommodation: Kipepeo Beach Resort - Twin share accommodation with en-suite facilities

Meals included: Breakfast, Lunch, Dinner

WIFI: Yes

Optional Activities: Nil

Day 10:

Zanzibar Island

Distance Travelled: Ferry crossing

Evocative and exotic, Zanzibar conjures up images of idyllic, sandy, palm fringed beaches; romantic winding cobbled alleys and lush tropical forests. You will find all these here – and an intriguing history. Zanzibar was the base of the great 19th century explorers such as John Hanning Speke, Richard Burton and David Livingstone and once was a major trading centre of spices. Indeed, the spice trade here is centuries old: Zanzibaris have traded with the people of the Arabian Peninsula for many generations, navigating the ocean in simple dhow sailboats, relying on the annual trade winds for passage. The Arab influence is evident in the architecture and diverse street stall offerings of the capital, Stone Town. This influence can be seen right along the Eastern coast – the Swahili language itself is a result of the mixing of Arab and African languages and cultures over many centuries.

Zanzibar's other history is not so romantic. The island was also a staging post for slaves bought from the African interior, being held before shipping to slave owners in the Middle East. You can still see the places where these men and woman were held – and even a short visit is enough to convey the appalling conditions they had to endure.

Our time on the island over the next 3 nights is not structured and your time is at leisure. Perhaps the best way to see Stone Town is on foot: explore the bazaars for old maritime trinkets, fabrics and wooden carvings, or visit mosques, palaces, courtyards and alleyways of the old town. Spices are grown in plantations nearby and you can take day tours to visit some and have your senses dazzled by the tastes and scents experienced. If it's white sand, sparkling ocean and hot sun you prefer – head to the northern beaches and enjoy the Indian Ocean at its best. Try snorkelling and diving, indulge in some sumptuous seafood,

or simply relax beneath a coconut palm with a cocktail and a good book.

NB: As we leave the vehicle on the mainland, basic tourist class accommodation (B&B) is included but for the sake of flexibility other meals are left for your own account. Typically, we spend one night in Stone Town and the next two nights in the north of the island at one of the beaches. Your tour leader will be available to assist if you if you have any questions or need activities arranged.

Please note that some group members may be starting their tour in Dar es Salaam. Both old and new are invited to join in any group outings.

Accommodation: Stone Town – Mazon's or similar – twin/triple rooms with en-suite facilities

Meals included: Breakfast

WIFI: Yes

Optional Activities: Spice Tour US\$35, Slave Markets US\$15, Arabic Fort US\$5, Palace Museum US\$10

Day 11:

Zanzibar Island

Enjoy free time on Zanzibar and transfer to the northern beaches from Stone Town. Relax on the sun kissed beaches of Kendwa, in the northwest part of the island, take an optional diving trip to the rich colourful reefs or grab a snorkel and goggles to explore these from above.

Accommodation: Kendwa Northern beaches – Sunset Bungalows or similar – twin/triple rooms with en-suite facilities

Meals included: Breakfast is included with hotel accommodation

WIFI: Yes

Optional Activities: Spice Tour US\$35, Scuba Diving local US\$130, Yacht Trip US\$120, Snorkelling Safaris from US\$40, Massages from US\$20

Day 12:

Zanzibar Island

Browse markets or enjoy hanging in a hammock with a cocktail and a good book. The beach is a great place to catch up with the locals who will pass by selling their wares, offering henna tattoos and inexpensive massages. Round the day off with a sunset dhow cruise or chilling to the tunes from the nearby beach bars.

Accommodation: Kendwa Northern beaches – Sunset Bungalows or similar – twin/triple rooms with en-suite facilities

Meals included: Breakfast is included with hotel accommodation

WIFI: Yes

Optional Activities: See day 11

Day 13:

Zanzibar – Dar es Salaam

Distance Travelled: Ferry crossing

We have the morning to do any last-minute shopping or enjoy one last swim before catching the ferry back to the African mainland and Dar es Salaam and onwards to our accommodation on the coast for the evening.

Please note that some group members may be ending their tour in Dar es Salaam. Both old and new are invited to join in any group outings.

Accommodation: Kipepeo Beach Resort - Twin share accommodation with en-suite facilities

Meals included: Breakfast, Dinner

WIFI: Yes

Optional Activities: Nil

Day 14:

Dar es Salaam – Mikumi National park area

Distance travelled: +/- 290 Km

Approx driving time: 4 Hours

Leaving the bustling city and warm coast, we drive inland through the Mikumi National Park where we may, with luck, spot forest elephant or giraffe feeding near the side of the road. Our accommodation is located a short stone's throw from the park, and we enjoy sundowners at the local bar/restaurant followed by the evening around the open fire under the blanket of stars.

If time allows, we can go on an optional game drive in the afternoon to explore the magnificent park – Tanzania's 5th largest. Expect to see Elephant, hippo, crocodiles, antelope and with some luck some buffalo or lion.

Accommodation: Tan-Swiss Lodge - Twin share accommodation with shared facilities

Meals included: Breakfast, Lunch, Dinner

WIFI: Yes

Optional Activities: Mikumi Game Dive US\$150

Day 15:

Mikumi – Iringa

Distance travelled: +/- 220 Km

Approx driving time: 4 Hours

We continue our journey heading to the town of Iringa and the Kisolanza Farm. At an altitude of 1600m Kisolanza ensures a pleasant fresh climate in one of the most scenic areas in the Southern Highlands of Tanzania. Home to the Ghau family for over 70 years, Kisolanza remains a working

farm providing organic meat (beef, lamb and chicken) and vegetables to the surrounding markets as well as Dar es Salaam. The farmhouse is a well-known spot to stay and is the overnight near our mid-way point for our journey from the ocean to the Malawi border.

Accommodation: Kisolanza Farmhouse - Twin share accommodation with shared facilities

Meals included: Breakfast, Lunch, Dinner

WIFI: Yes

Optional Activities: Nil

Day 16:

Iringa to Chitimba Beach, Malawi

Distance travelled: +/- 550 Km

Approx driving time: 11 Hours

After our last night in Tanzania, we head through lush mountain passes, rich grazing land, and banana and tea plantations to the Songwe border post into Malawi.

Lake Malawi formerly 'Lake Nyasa' covers almost a fifth of the country's area and provides the source of livelihood for many of the Malawi people. Fishermen, fish traders, canoe and net makers all ply their trade, and a common sight is that of a fisherman in his *Bwato*, (dugout canoe made from hollowed out tree trunk) fishing on the lake at the break of day. The lake also has the highest number of endemic freshwater fish species of any in the world.

NB: Although it is our intention to adhere to the accommodation described, a certain amount of flexibility is built into our time in Malawi and the crew may make alterations to the published itinerary. Please therefore treat the Malawi section of the dossier as a guideline only.

Accommodation: Chitimba Beach Camp - Twin share accommodation with shared facilities

Meals included: Breakfast, Lunch, Dinner

WIFI: Yes

Optional Activities: Nil

Day 17:

Chitimba Beach, Malawi

Relax on the beach, take a leisurely village walk or do the full day trip to Manchewe Falls where, after an 11km hike, you can cool off in a natural bath. The surrounding hills are home to the Livingstonia Mission where David Livingstone worked from for a time while staying in Malawi. The views from here are simply magnificent and well worth the effort of hiking to. For those staying at the, there is a local craft market where you can enjoy learning the ins and outs of woodcarving your own souvenir, or learn to play the game of Bao, haggle for some souvenirs or enjoy a relaxing day admiring the shimmering waters from the beach.

Accommodation: *Chitimba Beach Camp - Twin share accommodation with shared facilities*

Meals included: *Breakfast, Lunch, Dinner*

WIFI: *Yes*

Optional Activities: *Livingstonia Day Hike US\$10*

Day 18:

Chitimba Beach - Kande Beach

Distance travelled: +/- 240 Km

Approx driving time: 5 Hours

Today we take a nice scenic drive through rubber plantations to Mzuzu – the capital of the northern region and the third largest town in Malawi - where we stop for a short while to grab supplies and check out the markets, before arriving to Kande Beach. Try some of the optional water sports typically available, horse riding or else simply relax and enjoy the warm fresh waters of Lake Malawi. There is the opportunity to meet the local people, generally known as some of the friendliest in Africa, to gain insight into their way of life.

Accommodation: *Kande Beach Camp - Twin share accommodation with shared facilities*

Meals included: *Breakfast, Lunch, Dinner*

WIFI: *Yes*

Optional Activities: *See day 19*

Day 19:

Kande Beach

Today you'll have some free time to try some of the water sports available including diving, snorkelling, and horse riding along the beach. Or simply relax and enjoy the warm fresh waters of Lake Malawi. There is the opportunity to meet the local people, by tradition very friendly, on an optional guided Village Walk, or you can simply head out and explore the lakeside, craft market and meet some of the locals.

Accommodation: *Kande Beach Camp - Twin share accommodation with shared facilities*

Meals included: *Breakfast, Lunch, Dinner*

WIFI: *Yes*

Optional Activities: *Horse Riding US\$55, Village Walk US\$10, Snorkelling Day Trip from US\$15, Fresh Water Scuba Diving from US\$45, Canoe Hire from US\$15*

Day 20:

Kande Beach – Chipata, Zambia

Distance travelled +/- 440 Km

Approx driving time: 9 Hours

Saying our goodbye's to 'the Lake', we head to the border crossing into Zambia to Chipata. Formally named Fort Jamerson, the border town has a population of approx 98,000, and is the capital of Zambia's Eastern Province. The

town has colourful fruit and vegetable markets and an unexpected number of ornate mosques due to its large Indian community. If time allows, we will stop in Chipata before arriving to our accommodation situated a short distance from the town centre.

Accommodation: *Mama Rula's Camp - Twin share accommodation with en-suite facilities*

Meals included: *Breakfast, Lunch, Dinner*

WIFI: *Yes*

Optional Activities: *Nil*

Day 21:

Chipata - Lusaka

Distance travelled: +/- 620 Km

Approx driving time: 12 Hours

Today we leave early and take the Great Eastern Road through lush country and small villages, cross the Luangwa River to Lusaka, Zambia's capital. Lusaka is Southern Africa's fastest growing city with approx 1.7m inhabitants. It is located on Zambia's southern plateau at an elevation of 1300m with four main highways running north, south, east and west to different parts of Africa.

Our accommodation for the evening is set in a tranquil and relaxing setting on a farm.

Accommodation: *Eureka Camp - Twin share accommodation with en-suite facilities*

Meals included: *Breakfast, Lunch, Dinner*

WIFI: *No*

Optional Activities: *Nil*

Day 22:

Lusaka - Livingstone

Distance travelled: +/- 520 Km

Approx driving time: 10 Hours

We head south to Livingstone and set up at the Waterfront on the banks of the Zambezi River, just a few kilometres from the Victoria Falls. At various times of year, the spray from the 'Falls' can be seen from up to 20 or 30 kilometres away, hence the local name Mosi oa Tunya – the 'Smoke that Thunders'. Don't forget your raincoat to keep you and your camera dry!

The accommodation management provide information on all activities available in the area (typically these include rafting, canoeing, bungee, abseiling, gorge swinging, scenic flights, river cruises), allowing you to plan your time accordingly over the next four nights.

NB For the sake of practicality, meals in Livingstone are restricted to breakfasts. This allows you to take on half day or full day activities (some of which include lunch) without having to be back with the group at mealtimes. The Waterfront restaurant overlooks the Zambezi River and

offers a good selection of reasonably priced meals and snacks throughout the day (allow US\$15-\$30 per meal). Relax and enjoy these few days at your own leisure. Alternatively, take a taxi or free shuttle into Livingstone and try the local fare.

Accommodation: Waterfront - Twin share accommodation with en-suite facilities
Meals included: Breakfast, Lunch
WIFI: Yes
Optional Activities: See day 23

Day 23:
Livingstone, Victoria Falls, Zambia
 We have a free day in Livingstone today to explore the town, pop over to neighbouring Zimbabwe or enjoy the many optional activities on offer such as rafting, bungee jumping, river cruises, flights over the falls, just to name a few.

Accommodation: Waterfront - Twin share accommodation with en-suite facilities
Meals included: Breakfast
WIFI: Yes

Optional Activities: Bungee Jumping US\$160, Full Day Abseil US\$190, Mosi Oa Tunya National Park Game Walk US\$110, Chief Mukumi Village Tour US\$50, Gorge Swing US\$95, Zambezi Jet Boat & Cable Car from US\$215, Half Day Canoe US\$115, Zambezi Sunset Cruise US\$70, Full Day White-water Rafting US\$180, Helicopter/Microlight Flights from US\$195, Half Day Fishing US\$145, Bridge Tour US\$65

Day 24:
Livingstone, Victoria Falls, Zambia

Our tour ends after breakfast, but we highly recommend staying a few more days in the area in order to explore the Victoria Falls area to the full. Apart from the adventure activities already mentioned check out the markets, volunteer a day in some worthwhile local projects, or simply relax at the beautiful waterfront and watch the Zambezi River flow quickly past on its way to Victoria Falls.

Accommodation: Not Included
Meals included: Breakfast
WIFI: Yes

Tour Information

TOUR STYLE: Adventure Accommodated Tour
 This is a participation tour and your help will be needed in assisting with the various day to day duties, such as shopping, cooking and keeping the vehicle tidy (usually on a rota basis). But don't worry it's not all hard work and it's a great way to meet the local people and get to know your fellow travellers. Your contribution benefits the success of the tour - most people find the greater their involvement, the greater their enjoyment of the whole trip. Our accommodated tour option travels together with the camping counterpart.

Africa is an adventure destination and travelling here is not always predictable so be prepared to 'expect the unexpected' in difficulties or delays which might come our way! However, you'll soon find that the diversity of the African landscape, the wildlife and the communities we pass on our way, make the sometimes-rough travel and long driving days worthwhile. Come with a sense of adventure and a flexible attitude and you will be sure to enjoy your Travel Talk adventure tour across this amazing continent.

Africa provides an ever-changing environment, power failures, water and fuel shortages, temperature fluctuations, and other uncontrollable / unplanned situations do occur. You will need to remain flexible, understanding and good-humoured. "African time" can be difficult and frustrating for those who are used to a very structured life, so this is something to keep in mind!

WHAT'S INCLUDED: All tour highlights, twin share accommodation (21 nights), twin share tents (2 nights), fully equipped safari vehicles, cooking equipment, mattresses, sleeping bag and pillow for camping nights, service of two crew, all road and vehicle taxes, all ground transportation, meals as indicated.

WHAT'S NOT INCLUDED: Adventure Pass activities, visas, travel insurance, flight departure taxes, airport transfers, optional activities, tips, drinks and items of personal nature. NB lunches and dinners in Livingstone and on Zanzibar are not included.

ADVENTURE PASS: Every adventure accommodated tour has an Adventure Pass which is paid to your tour leader in Africa at the beginning of the tour (or pre-paid by arrangement prior to your tour). This is separate and in addition to the Tour Price, which is paid before travel, and is paid in the currency listed in the brochure or on the website (usually US dollars in clean, un-torn post 2008 edition notes). The Adventure Pass

covers selected park entries, activities and excursions along the way where payment goes directly to the supplier. The purpose of the separate payment is to ensure local suppliers benefit directly from the income.

ACTIVITIES & EXCURSIONS:

These are optional activities that are booked during your holiday and paid directly to the provider while on tour. These options offer a variety of experiences and allow you the freedom to decide what activities you would like to do.

EXTENDING YOUR TOUR: This tour can be extended to travel to Johannesburg. Ask your agent for more information.

ACCOMMODATION: Twin share accommodation with facilities (21 nights) twin share tents with sleeping bag, pillow and mattress (2 nights) some camps may have a bar or swimming pool. In most cases rooms are en suite but from time to time some rooms may be shared facilities where en suite is indicated.

TRANSPORT: 24-seater, self-contained, custom-built vehicle with on-board tables, plug sockets, freezer, water tank, library, safety features and 70-litre individual lockers, 4x4 safari vehicle and fast ferry. Travel times indicated are approximate and do not include stops en-route.

GAME PARK VISITS: To maximise the quality of game driving and to comply with local authority rulings, some of our National Park visits and game viewing is carried out using services provided by local African ground handlers. As well as enhancing our experience using local guides and smaller vehicles it also allows us to contribute at a 'grassroots' level to local economies from which local people benefit.

Tour Preparation

BOOKING INFORMATION

When you make a confirmed booking for your tour you will be sent your booking documents and a pre-departure booklet with detailed information to help you prepare for your trip. Once you have paid in full you will receive a Travel Voucher giving details of your joining hotel. Nairobi (NBO) and Livingstone (LVI) are well served by several airlines and your travel agent can advise on flights to the start of the tour.

JOINING INFORMATION

This tour starts in **Nairobi**. **The pre-departure meeting is held at 18:00 on the evening prior to departure. The tour departs at 08:00 on Day 1 and ends in Livingstone on Day 24.**

Meeting point in **Nairobi**:

Address: **Boulevard Hotel**
Harry Thuku Rd
PO Box 42831, Nairobi

Contact details: Tel. +245 2 337221/ 227567/ 8/ 9
Fax: +245 2 334071
E-mail: hotel@hotelboulavardkenya.com

Tour meeting: 18:00 prior to departure Day 1

Tour Start time: 08:00 on Day 1

Tour end point in **Livingstone (LVI)**:

Address: **The Victoria Falls Waterfront**
Sichango Road
Livingstone
Tel. + 260 3 320 606/7/8
E-mail: waterfront@safpar.com

Tour end time: After breakfast on Day 24

PRE-TOUR ACCOMMODATION

This tour departs Nairobi early on day 1; we strongly recommend therefore that you plan to arrive the day before departure to overcome any jet-lag and to acclimatise to Africa. We would be happy to book pre-tour accommodation for you – please call or email us (or speak to your agent) with your arrival details and accommodation requirements. However please book early to avoid disappointment and the risk of having to find more expensive (or less convenient) lodgings.

If time allows, we also suggest planning a night or two extra (after your tour) to make the most of this part of Africa. Accommodation is usually available locally on arrival, but you can pre-book this with Travel Talk. There is a variety of activities and excursions in the Livingstone area's that can be arranged locally.

See below for a guide to extra accommodation costs. **These prices are a guideline only and are subject to change so please check with Travel Talk for current prices**

Description	Price (USD)	Description	Price (USD)
Nairobi – Hotel Boulevard		Livingstone – The Victoria Falls Waterfront	
Pre tour accommodation – Twin/ double pp/pn	\$ 70	Pre tour accommodation – Adv Village Tent Tw 1 st Jan – 30 th Apr	\$ 35
Pre tour accommodation – Single pp/pn	\$ 100	Pre tour accommodation – Adv Village Tent Sgl 1 st Jan – 30 th Apr	\$ 50
Pre tour accommodation – Triple pp/pn	\$ 60	Pre tour accommodation – Adv Village Tent Tw 1 st May – 31 st Dec	\$ 40
		Pre tour accommodation – Adv Village Tent Sgl 1 st May – 31 st Dec	\$ 55

ADVENTURE PASS

Paid in the currency listed in the brochure or on the website (usually US dollars in clean, un-torn post 2008 edition notes) directly to your Tour Leader in Africa at the beginning of the tour, or pre-paid by arrangement, the Adventure Pass of this tour covers the following.

Maasai Mara Excursion	√
Serengeti/Ngorongoro Crater Excursion	√

LUGGAGE

Please try to keep your luggage to a minimum, bearing in mind that most airlines impose a 20kg limit. It should be brought in a soft holdall or rucksack along with a smaller day bag. You will need to bring a mixture of lightweight clothing and warm clothing for the evenings and early morning game drives. We recommended you pack a small torch or headlamp, mosquito spray and a money pouch/ belt that can be easily hidden. Please try to avoid bringing unnecessary valuables and use your hotel safe to store the bulk of your money, passport, and airline tickets. A power bank is useful for recharging electronic devices.

NB KENYA PLASTIC BAG BAN - All forms of plastic carrier bags are banned in Kenya; including ‘Airport Duty Free’ plastic bags, airport security plastic bags for liquids, shopping bags, storage bags, zip-lock plastic bags. The strict ban applies to everyone and it is mandatory that you leave any form of plastic bag/s at your country of origin.

NB TANZANIA PLASTIC BAG BAN – Tanzania has a ban on single-use plastic. Prohibited items include single-use plastic carrier bags, shopping bags/packing plastic carrier bags. Ziplock bags and storage compartment bags (e.g toiletries) will be permitted as they are expected to remain in possession of traveller. We do however suggest that you leave these items behind in your country of origin.

VACCINATIONS/HEALTH

The table below indicates the vaccinations suggested for travel on this tour but **should be treated as a guide only**. You should seek professional medical advice from your GP or clinic at least six weeks prior to departure.

Please be aware that some of the areas visited on this tour are **malarial**. We strongly recommend you seek professional medical advice for the appropriate anti-malarial tablets.

Country	Tetanus	Diphtheria	Polio	Hepatitis A	Hepatitis B	Typhoid	Meningitis	Rabies	Yellow Fever	Malaria
Kenya	R	R	R	R	R	R	R	R	C	R
Tanzania	R	R	R	R	R	R	R	R	C	R
Malawi	R	R	R	R	R	R	R	R	C	R
Zambia	R	R	R	R	R	R	-	R	*	R

C = Compulsory, R = Recommended, * = If travelling from infected countries a certificate of proof may be required.

NB: To be used as a guide only. Please see your GP or travel clinic for up-to-date medical advice. Alternatively, contact Travel Talk for any queries or advise regarding vaccination requirements.

VISA REQUIREMENTS

The table below indicates the visas required for travel to the countries on this tour but **should be treated as a guide only**. At least one month prior to travel seek confirmation from embassies or a visa specialist, that these requirements are still current. For UK citizens the Foreign & Commonwealth Office (FCO) offers free up-to-date travel info: www.fco.gov.uk.

Nationality	UK	AUS	NZ	USA	CAN	BEL	IRE	NED	DEN	ITA	GER	AUT	SWE	FIN	NOR	MEX	KOR
Kenya	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Tanzania	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Malawi	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes
Zambia	Yes	Yes	Yes	Yes	Yes	Yes	No	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes	Yes

UPDATE Kenya E-VISA: Should you wish to have your visa before arrival, Kenya now offers the option to pre-apply for an e-visas online. This may take up to 7 days to process. Alternatively, qualifying passport holders can obtain an entry visa on arrival in Kenya. To check whether you qualify, please check with the Kenyan Embassy or Mission in your country of origin.

INSURANCE

It is a booking condition of Travel Talk that you have full travel insurance valid for the duration of your tour to cover you for medical emergency and repatriation to your home country. Your guide will ask you for a copy of this when you join the tour. It is also important that you leave a copy of your insurance with the person nominated as your emergency contact.

In the UK the Foreign & Commonwealth Office (www.fco.gov.uk) issues free up to date travel advice for all countries visited on tour. Most other governments offer a similar service to citizens. We recommend you review this information before you book your tour. Naturally we welcome any questions you may have about security and safety on tour.

Money Matters

PERSONAL EXPENSES

Naturally you will require extra money for your own personal spending on the tour, for Activities and Excursions, snacks, drinks, souvenirs, tips and items of a personal nature. Everybody has different spending habits but as a guideline we suggest you budget US\$15-30 per day. Also keep US\$ cash for relevant airport taxes and visas needed, optional activities and any additional accommodation before or after your tour.

Spending money is best carried as cash in US dollars (US Dollars in clean, un-torn, **post 2008** edition notes), Sterling or Euro which you then exchange into local currency on arrival and as you go. Your guide can advise how and when you can change the rest of your money throughout the tour.

Currencies are as follows: Kenya – Kenya Shilling; Tanzania – Tanzania Shilling; Malawi – Malawi Kwacha; Zambia – Zambian Kwacha

ATM machines are found in Nairobi, Arusha, Dar es Salaam, Zanzibar and in Southern Africa. Please note they are sometimes unreliable (and therefore should not be relied upon).

Credit cards can be used to pay for optional activities although charges may be high by western standards (+/- 5%).

We recommend you bring your spending money in several different ways (some cash and some cards); your guide can best advise on what to use where.

TIPPING

This is always a matter for your own individual discretion but as in many areas where tourism is an important contributor to the economy, it has become customary to give a small gratuity to local staff, including your tour leader and driver, at the end of a tour if services rendered have been to your satisfaction.

OPTIONAL ACTIVITIES AND EXCURSIONS

To give you maximum flexibility on tour we offer several optional activities on the tour. To help budget, approximate prices are listed below (in US\$ unless otherwise stated. All prices subject to change and availability).

Activity	Price (USD)	Activity	Price (USD)
Arusha		Malawi continued	
Camel Ride	\$5	Snorkelling Day Trips	From \$15
Zanzibar		Fresh Water Scuba Dives	From \$45
Massages – on the beach	From \$20	Canoe Hire	From \$15
Yacht Trips (Snorkelling and sunset)	\$120		

Snorkelling Day Trip	\$40	Livingstone	
Zanzibar Food (per day)	\$30 - \$35	Vic Falls Bungee (single/tandem)	\$160
Spice Tour	\$35	Mosi Oa Tunya National Park Game Walk	\$110
Scuba Dive – local	\$130	Chief Mukumi Village Tour	\$50
Slave Markets	\$10	Gorge Swing	\$95
Arabic Fort	\$5	Zambezi Jet Boating & Cable Car	From \$215
Palace Museum	\$10	Half day Canoe Safari	\$115
Malawi		Zambezi Sunset Cruise	\$70
Horse Riding	\$55	White-water Rafting – Full Day	\$180
Village Walk	\$15	Helicopter/Microlight Flight over the Falls	From \$185
Livingstonia Day Hike	\$10	Fishing – Half Day	\$145

Responsible Travel

We strongly believe that you get the most out of a journey by respecting the culture and people of the places you visit. On our tours we try to travel in a way that benefits the communities we pass through and minimises negative impact on the environment. This can be from ensuring the campsites and accommodation we use are clean when we leave and dressing respectfully in conservative areas to getting involved with local charity projects. We ask that you are open to this when you travel with us. Being proactive in responsible travel helps develop cross-cultural understanding and friendships with the local people and will greatly enhance your experience in Africa.